

Children's
Centres

What's on

Spring Term 2010
Sue Bramley Children's Centre



London Borough of
Barking & Dagenham



Welcome to the Spring Programme for Sue Bramley

Children's Centre

All our services are inclusive and meet the wide ranging needs of all children and families.

As you look through the programme, please note that some services run over a period of several weeks and require booking. In these cases, you will be required to attend all sessions to fully benefit from the course, and receive your attendance certificate.

Please be aware that places are limited. If you have booked a place on any of the services and are no longer able to attend please contact the centre to cancel your booking, this allows other people to book a place.

Please note:

All sessions will commence from the week beginning **Monday 4th January 2010** and will be held at the Sue Bramley Children's Centre unless otherwise stated.

Job Centre Plus

The logo for Job Centre Plus, consisting of the text "jobcentreplus" in white lowercase letters on a green rectangular background.

The Job Centre Plus service will be based full time in the Sue Bramley Children's Centre from January 2010.

Advisors will be on hand between 9am and 4pm on **Mondays, Tuesdays, Thursdays and Fridays** to offer a range of advice and support.

So if you want to take those first steps in getting back to work either drop into the centre or call Lynn Brown on 020 8258 8927 to make an appointment.



Paul Morton-Kemp

Strategic Lead

Lisa Ward

Children's Centre Manager

Annette Whiffin

Children's Centre Support Officer

Victoria Henderson

Family Support Co-ordinator

Michelle Peters

Family Support Worker

Emma Mehegan

Family Support Worker

Gemma Balbes

Family Support Worker

Vickie Bynoe

Family Support worker

Vicci Jones

Family Support worker

Karen Robinson

Childminding Development Officer

Lilani Wijayatilake

Play and Language Coordinator

Denice Tulloch

Play and Communication Worker

**Georgia Sheridan / Maria
Sergides**

Nursery Managers

Jo Wickes

Deputy Nursery Manager

Sukbir Chohan

Family Information Service
Outreach Officer

Nick Heath

Lifeline, Passport to Employment

Kelly Rowland

Community Nursery Nurse

Valerie Marshall

Health Visitor

Marjorie Akyeampong

Health Visitor



Sue Bramley Children's Centre

Bastable Avenue, Barking,
IG11 0LG

Tel: 020 8270 6619

Fax: 020 8270 6620

suebramleychildrenscentre@lbbd.gov.uk

Nursery

Tel: 020 8724 1360

Health Centre

Tel: 020 8276 7077

Mondays

Family ICT Class (Adult College of Barking and Dagenham)

9.30am-11.30am, Library Classroom



04 January – 08 February

Basic course designed to help parents/carers to help their children in their studies (For parents/carers only). Come along on the first session to enrol.



Contact: Annette Whiffin

ESOL – all levels (Barking College)

10.00am-12.00 noon, Training Room



English classes for speakers of other languages.



Contact: Annette Whiffin

Messy Play

10.00am-11.30am, Main Hall, Sue Bramley



Have fun getting messy and exploring a range of different textures together. **Please wear suitable clothing!**



Contact: Denice Tulloch

Coffee Morning

10.30am-11.30am, Meeting Room,



01 February, 15 February, 01 March, 15 March, 29 March

Come along and have a relaxing cuppa and a chat with other mums, dads and carers. A crèche is available – **please ring to book your place.**



Contact: Vicci Jones

Child Health Clinic

1.30pm-3.30pm, Thames View Health Centre



Drop-in and get your baby's weight checked and speak to health visitors who will answer any questions you may have.



Contact: Health Visiting Team, Thames View Health Centre

Mondays continued

DABD Welfare Benefits Advice Service



1.30pm-4.30pm, Meeting Room

04 Jan and 18 Jan, 08 Feb and 22 Feb, 08 and 22 March

An advisor will be on hand to offer a wide range of advice and support on welfare and benefits. This is available to everyone – whether you are working or unemployed



Contact: Danielle Doyle - DABD on 020 8252 5340

Family Support - Stay & Play

Plus Home-Start Barking & Dagenham



1.30pm-3.00pm, Main Hall

An informal group for mums, dads and carers with their children to meet, play and make new friends. A family support worker is also available to give advice, or talk over any concerns. For children aged 0-5 years.



Contact: Michelle Peters or Home-Start on 020 8270 6614

Tuesdays

Literacy for Parents (Adult College of Barking & Dagenham)



9.30-11.30am, Training room,

This course is suitable for people whose first language is English and who would like to improve their reading, writing, speaking and listening skills. There are opportunities to take Nationally recognised qualifications as well as working towards your own goals.



Contact Nicola Sanderson at the Adult College on 0208 270 4722

Toddler Talk



10.30am-12.00 noon, Main Hall

A group that encourages children, with their mums, dads / carers to learn, make friends and communicate through play. For parents with children aged 0-5 years.



Contact: Denice Tulloch

Tuesdays continued

Keeping up with the Children - Literacy (Adult College)



1.00pm-3.00pm, Library Classroom

05 January – 09 February

This course informs parents/carers of how their children progress through the stages of learning in English. Enrol on first session.



Contact: Annette Whiffin

Play & Language Workshops



1.30pm-3.00pm, Main Hall,

26 January, 2 February, 9 February and 23 February

Block of 4 workshops for dads, mums / carers focusing on how you can support interaction and communication during play and everyday activities. **Places must be booked in advance.**



Contact: Lilani Wijayatilake

Young Parents Group



1.30pm-3.00pm, Abbey Children's Centre

An informal group for young parents and their children to meet, play and make new friends.



Contact: Emma Mehegan

Speech & Language Advice Session



9.30am-12.30pm, Meeting Room,

26 January, 16 February, 16 March, 20 April

A once a month session, which offers advice and support for mums, dads and carers who have concerns or queries about a child's communication development.



Contact: Lilani Wijayatilake

Bumps & Babes



1.30pm-2.30pm, Meeting room

An informal group providing ante-natal information and support for mums-to-be and dads, discussing weaning and much more.



Contact: Gemma Balbes

Wednesdays

Mobile Food Store



9.00am-10.00am, Sue Bramley Car Park

The mobile food store offers a wide variety of fresh fruit and vegetables at affordable prices and comes to the Sue Bramley Centre car park every Wednesday.



Contact: Annette Whiffin

Tea, Toast and Toddle,



9.30am – 10.30am for tea and toast in the crèche

13 Jan, 27 Jan, 10 Feb, 24 Feb, 10 Mar, 24 Mar

Come along to the centre and enjoy a cup of tea and toast whilst the little ones play. Meet new faces and get fit as well! At 10.30am we will walk, toddle or buggy push to the park or a place of interest – suggestions welcome! A Family Support Worker will also be available to offer support on a range of topics.



Contact: Emma Mehegan

Little Rhyme Makers



10.30am-11.15am, Main Hall

A music and movement group for children and their mums, dads and carers to sing, play, make friends and learn language together



Contact: Denice Tulloch

YMCA Exercise for Health



1.15pm-2.45pm, Main Hall

This scheme includes education and health, lifestyle issues, specific exercise classes and a reward scheme for all the hard work you put in. It is a fun-packed programme run over 6 week blocks and will be tailored to fit in with your busy lifestyle. Limited crèche places are available. **Please book your place.**



Contact: Annette Whiffin

Thursdays

Child Health Clinic



9.30am-11.00am, Thames View Health Centre

Drop-in and get your baby's weight checked and speak to health visitors who will answer any questions you may have.



Contact Health Visiting Team, Thames View Health Centre

Speakeasy



9.30am-12.00 noon, Training Room, Nursery

28 January until 25 March

This course will help build your confidence and knowledge on talking to your children about sex & relationships. It's fun and relaxed, and in a non threatening environment, where parents / carers can learn together and share experiences. **Please book your place.**



Contact: Annette Whiffin

ESOL (Adult College of Barking & Dagenham)



9.45am-11.45am & 12.45pm-2.45pm, Thames View Library

7 January until 8 July 2010

An introductory ESOL course for speakers of other languages.



Contact: Rosemary Smith at the Adult College on 020 8270 4722

Baby Massage



10.30am-12.00 noon, Main Hall, 25 February – 1 April

This is a 6-week course that is suitable for babies from birth until they can crawl. It can help with a variety of things including baby's sleep and digestion. Crèche is available.

Places must be booked.



Contact: Denice Tulloch

Toddler Talk



1.30pm-3.00pm, Main Hall

A group that encourages children, with their mums, dads and carers to learn, make friends and communicate through play. For parents with children aged 0-5 years.



Contact: Denice Tulloch

Fridays



Toy Library, Main Hall

9.15am-10.30am

Is your child fed up with his/her toys? Sue Bramley's large toy library is packed full of a range of different toys to suit all ages from 0-5 years. Come along to find out more! All welcome.



Contact: Emma Edmed



Children's Centre Childminding Drop-in and Toy Library

9.30am-12.00 noon, Main Hall

This session is for registered childminders and the children they care for. Meet and share ideas with other childminders in the area. Useful practical support. For children 0-5 years



Contact: Karen Robinson



Housing Welfare Advice

9.30-10.00am, Meeting Room, OR drop-in at Thames View Aid Centre between 10.00am – 12.00 noon on Fridays

An advisor will be on hand to offer help and advice on housing and Council Tax benefits. Appointments can be made or you can drop-in to the Aid Centre (at Christ Church).



Contact: Annette Whiffin



Passport to Employment

10.00am-4.00pm, Interview Room in Sue Bramley Nursery

The Passport to Employment Team can provide support with everything from CV writing, interview skills, one-to-one job search, along with employability training, individual mentor support and much more.



Contact: Stephanie Morgan on 0208 599 1230 or stephaniemorgan@lifelineprojects.co.uk or drop in to book



ESOL – all levels (Barking College)

10.00am-12.00 noon, Training Room

English classes for speakers of other languages.



Contact: Annette Whiffin

Fridays continued



Police Surgery Drop-in

11.00am-12.30pm, Meeting Room

If you have anything to discuss with the Police, come along and talk in confidence to one of our friendly officers, who will listen to your concerns and offer advice. A housing officer will also be available on the first Friday of each month.



Contact: Thames Safer Neighbourhood Team on 020 8649 3529



Babbling Babes

1.30pm-3.00pm, Main Hall

A group that encourages mums, dads and carers to play, explore and communicate with their babies aged 0-18 months.



Contact: Denice Tulloch

Parents Supporting the Development of the Children's Centre

Do you have something to say about what is needed for families with children under five in your area? If so, why not join our Parents' Forum?

Come to one of our meetings where you can expect a friendly welcome! It is the place where parents, grandparents and carers are able to share opinions on the delivery of current children's centre services and influence decision-making about future services.

The meetings are held in an informal environment, where tea, coffee and snacks are available; staff will also bring their ideas to the parents to see what they think.

Please contact Annette Whiffin or Lisa Ward on 020 8270 6619 for further information

Next meeting:
27 January 2010, 10.00am

Abbey Children's Centre

North Street, Barking, IG11 8JA

Tel: 020 8724 1262**e-mail:**

abbeychildrenscentre@lbbd.gov.uk

Becontree Children's CentreStevens Road, Dagenham,
RM8 2QR,**Tel:** 020 8724 1830**e-mail:**

becontreechildrenscentre@lbbd.gov.uk

Castle Green Children's Centre

Gale Street, Dagenham, RM9 4UN

Tel: 020 8724 1530**e-mail:**

castlegreenc@lifelineprojects.co.uk

Eastbury Children's Centre

Blake Ave, Barking, IG11 9SQ

Tel: 020 8724 1950**e-mail:**

eastburychildrenscentre@lbbd.gov.uk

Ford Road Children's Centre

Ford Road, Dagenham, RM10 9JS

Tel: 020 8724 1384**e-mail:**

fordroadchildrenscentre@lbbd.gov.uk

Furze Children's Centre1A Farrance Road,
Chadwell Heath, RM6 6EB**Tel:** 020 8724 1941**e-mail:** furzechildrenscentre@lbbd.gov.uk**Gascoigne Children's Centre**

140 St Ann's, Barking, IG11 7AD

Tel: 020 8724 1147**e-mail:**

gascoignechildrenscentre@lbbd.gov.uk

John Perry Children's CentreAuriel Avenue, Dagenham,
RM10 8BS**Tel:** 020 8724 1560**e-mail:**

johnperrychildrenscentre@lbbd.gov.uk



Leys Children's Centre

215 Wellington Drive, Dagenham,
RM10 9XW

Tel: 020 8724 1983

e-mail:

leyschildrenscentre@lbbd.gov.uk

Manor Children's Centre

Sandringham Road
Barking, IG11 9AG

Tel: 020 8724 1801

e-mail:

manorchildrenscentre@lbbd.gov.uk

Marsh Green Children's Centre

New Road, Dagenham, RM10 9NJ

Tel: 020 8724 1553

e-mail:

marshgreenchildrenscentre@lbbd.gov.uk

Sue Bramley Children's Centre

Bastable Avenue,
Barking, IG11 0LG

Tel: 020 8270 6619

e-mail:

suebramleychildrenscentre@lbbd.gov.uk

Sydney Russell Children's Centre

Parsloes Avenue, Dagenham,
RM9 5QT

Tel: 020 8724 1840

e-mail:

sydneyrussellchildrenscentre@lbbd.gov.uk

Valence Children's Centre

Bennetts Castle Lane
Dagenham, RM8 3YJ

Tel: 020 8984 0100

Wellgate Children's Centre

119 Rose Lane, Marks Gate,
RM6 5NR

Tel: 020 8270 6091

e-mail:

wellgatechildrenscentre@lbbd.gov.uk

William Bellamy Children's Centre

Frizlands Lane,
Dagenham, RM10 7HX

Tel: 020 8724 1924

e-mail:

williambellamychildrenscentre@lbbd.gov.uk

- 1 Wellgate
- 2 Furze
- 3 William Bellamy
- 4 Becontree
- 5 Sydney Russell
- 6 Abbey
- 7 Gascoigne
- 8 Eastbury
- 9 Sue Bramley
- 10 Castle Green
- 11 Marsh Green
- 12 Ford Road
- 13 Leys
- 14 John Perry
- 15 Manor
- 16 Valence

